



30 Things to Do This Summer in the Portland Area

1. Read together and get prizes along the way.

Summer Reading programs at your local libraries:

- <https://multcolib.org/summer-reading>
- <https://www.tualatinoregon.gov/library/summer-reading-begins-june-1>
- <https://www.beavertonlibrary.org/130/Summer-Reading>

2. U Pick Berries

- Make pies, smoothies, strawberry shortcake or ice cream from berries
- Here is a [farm on Sauvie Island](#)
- Beaverton Area: [Hoffman Farms](#)

3. Swimming

- [Portland Parks swim page](#)
- [Beaverton/Tigard/Tualatin](#)
- [Matt Dishman Community Center Pool](#)

4. Bike Rides and walking

- Check out all the great trails around the city.
- [Braking Cycles](#) is a great non-profit that will provide a bike to a child who doesn't have one. Their address is 3354 SE Powell. They also offer free drinks to all of our matches. Please contact Chon or Cia if you have any questions.

- **Bike and Walking trails:**
 - [Tigard/Tualatin/Beaverton](#)
 - **Portland Areas for biking and walking:**
 - Hoyt Arboretum (SW)
 - Keller Fountain Park (SW/Downtown)
 - Forest Park (NW)
 - Duniway Track and Terwilliger (walk overlooking the city by OHSU)
 - Peninsula Park Rose Garden (North PTLD). Great place for picnics, looking at roses, and there is a playground as well.
 - Mt. Tabor (SE). Great view of Portland and there is a playground and table/seating area. You can walk the stairs or drive up.
 - Powell Butte Nature Park (SE). Good for hiking and kid friendly. You might see some horses up there!
 - **Vancouver Area:**
 - Vancouver WaterFront Park
 - Esther Short Park
 - Vancouver Lake

5. Farmers Markets, farms, nurseries:

- Visit a nursery. Walk around looking at the variety of plants. Portland nursery and Seven Dees are both great places to start. Check out Cornell farm and the restaurant in the West hills.
- Great page for finding [Farmers Markets all over the region](#)
- Thank you Bernadette for recommending <https://blackfutures.farm>. Their website says Black Futures Farm is both “a community-building and production farm, where we grow meaningful relationships alongside vegetables, fruits, and herbs.”
- Perfect time to pick up a pot and plant some tomatoes or other veggies. Lovely experience for kids.

6. OMSI

All of our matches have free access to [OMSI](#). Please reach out if you have any questions.

7. [Echo Ranch](#) Horse Therapy Ranch

is free to all FF mentor matches. Don't forget the FF release form!

8. Rank/Rate food places

- Visit every ice cream location in the city and have a rating system/ranking. Do this for sliced pizza, french fries or whatever you choose.
- Have you ever traveled around the globe with food? Make some sushi, head off to Morocco, El Salvador or Kenya. Check out the link to food carts below for ideas
- Portland is #1 in the world for food carts and there are lots of cultural options. Visit a [local food cart pod](#)

9. Make popsicles, have a water balloon fight, s'mores around a firepit at night, bbq, picnic

10. Get together with other Faithful Friend mentors/mentees.

We have nearly 80 matches in the Portland metro area. Maybe you know someone at your church who also mentors a girl or boy through Faithful. Picnic at a park? Bocce ball? Hide and go seek? Hike? Let Chon or Cia know if you are interested in connecting with another mentor and kiddo.

11. Trip to the beach, Multnomah Falls, Mt. Hood, Mt. St. Helens

For out of town trips, remember to let your coordinator know when you are planning to go.

12. Portland Parks offers free lunches in the parks, free movies and free concerts throughout the city. Here is a link to follow their updates as things are opening up:

- <https://www.portland.gov/parks/freelunch>

13. Portland Parks offers free summer cultural events.

Some really cool events on these pages. Free lunch, movies at the park, rock climbing:

- <https://www.portland.gov/parks/arts-culture/summer-free-all/cultural-events>
- <https://www.travelportland.com/events/summer-free-for-all/>
- <https://www.portland.gov/parks/arts-culture/summer-free-all/free-lunch>

14. Try the [4T Hike](#) in the city of Portland
15. Take your mentee on a [scavenger hunt walk](#)
16. Take your mentee to the [batting cages](#)
17. [Family friendly ideas](#)
18. **Take your mentee bowling [for free at King Pins](#).**
Bowling is free for kids before 5:30pm until September 30th.
19. [The Oregon Zoo](#)
20. [Faithful Friends Oaks Park Event](#)
Happening August 12, from 12-4. Reach out to Chon or Cia for details.
21. **Regal Cinema has \$2 movies this summer.**
[See the list here](#)
22. [Kennedy School Theater](#) in NE Portland.
Grab some tots, enjoy the AC and watch a movie.
23. [Oregon Historical Society/Museum](#) (SW-Downtown Portland)
Multnomah county residents are free!
24. [Crystal Springs Rhododendron garden](#)
Located near Reed College. Beautiful setting. Free for kids under 10 years old and free for everyone on Mondays. Lots of water fowl in the gardens.
25. **Do you or your kiddo have a birthday this summer?**
Check out some cool free birthday options in the link below:
 - <https://portlandlivingonthecheap.com/birthday-freebies/>
 - Pips donuts and dutch bros are favorites

26. Fishing

- [Horning's Hideout](#) (North Plains): Only \$5 per person which includes boat, poles, and they will clean your fish.
- Blue Lake, Gresham: you will need your own supplies
- Commonwealth Park, Beaverton: you will need your own equipment

27. Summer Baseball

- [Portland Pickles](#), Lents Park
- [Hillsboro Hops](#)

28. Golf

- Eagle's Landing (Clackamas): Short Par 3 and Mini Golf, Soccer Golf: <https://theaerieateaglelanding.com/golf>
- Tualatin Greens: Mini Golf, driving range, <https://www.tualatinislandgreens.com>
- Glowing Greens (Portland): <https://glowinggreens.com>

29. Live Theatre

- [NW Children's Theatre](#)

30. [Splash Pads!](#)